

# SAM AGENCY



# OET WINNERS

# Listening



# OET

Occupational English Test

2.0

## IRS Test 4

# Listening test

## Occupational English Test

### Listening Test

This test has three parts. In each part you'll hear a number of different extracts. At the start of each extract, you'll hear this sound: --beep—

You'll have time to read the questions before you hear each extract and you'll hear each extract **ONCE ONLY**. Complete your answers as you listen.

At the end of the test you'll have two minutes to check your answers.

### Part A

In this part of the test, you'll hear two different extracts. In each extract, a health professional is talking to a patient.

For **questions 1-24**, complete the notes with information you hear.

Now, look at the notes for extract one.

## Extract 1. Questions 1 -12

You hear a nurse talking to Elizabeth, a patient who requires follow-up care.

For **questions 1-12**, complete the notes with a word or a short phrase.

You now have thirty seconds to look at the notes.

<b>Patient</b>	:	<ul style="list-style-type: none"><li>• Elizabeth Campbell</li></ul>
<b>Reason for the visit</b>	:	<ul style="list-style-type: none"><li>• referral to (1) _____ health nurse</li><li>• pain in the back</li><li>• experienced discomfort and (2) _____ in the back</li><li>• used pain relief ointments to relieve the symptoms.</li></ul>
<b>Treatment history</b>	:	<ul style="list-style-type: none"><li>• pain started one and a half years ago</li><li>• was (3) _____ a pain killer.</li><li>• hospitalised © IRS Group for 2 days.</li></ul>
<b>12 months ago</b>	:	<ul style="list-style-type: none"><li>• underwent blood tests and (4) _____ test.</li></ul>
<b>6 months ago</b>	:	<ul style="list-style-type: none"><li>• (5) _____ was found.</li><li>• surgery to remove a (6) _____ of the bone</li></ul>
<b>Recent pain control</b>	:	<ul style="list-style-type: none"><li>• (7) _____ 3 times a day</li><li>• alternative modalities of pain relief</li><li>• smokes (8) _____ (dope)</li></ul>
<b>Mental status</b>	:	<ul style="list-style-type: none"><li>• seems (9) _____ and anxious because of tumour</li><li>• considered (10) _____ because of bouts of depression</li></ul>
<b>Assessment &amp; follow-up</b>	:	<ul style="list-style-type: none"><li>• arrange for (11) _____</li><li>• alternative therapies - accupressure, accupuncture and (12) _____</li><li>• see a specialist</li></ul>

## Extract 2. Questions 13 -24

You hear Dr Juvenita talking to a Griffith Alexander, a patient with back problems. For **questions 13-24**, complete the notes with a word or a short phrase.

You now have thirty seconds to look at the notes.

- Patient** : • Griffith Alexander
- Patient's condition** : • back spasm
- Presenting symptoms** : • (13) \_\_\_\_\_ , not sleeping well  
• exhausted with discomfort
- Treatment options** : • (14) \_\_\_\_\_ for the back pain spasm, medication for pain.  
• exercises and heating pad © IRS Group  
• back pain gets better with the (15) \_\_\_\_\_
- Patient's request** : • needs an (16) \_\_\_\_\_ since he is concerned  
• might have a (17) \_\_\_\_\_ or slipped disc that requires attention
- Explanation given** : • has (18) \_\_\_\_\_ that reveals other than a back spasm  
• No red flags to be concerned about  
• (19) \_\_\_\_\_ treatment is enough for most patients
- Patient's concern** : • been over a week, will be (20) \_\_\_\_\_ , disabled for life  
• will be informed if something is wrong  
• (21) \_\_\_\_\_ from the machine may ease the condition
- Advice offered** : • MRI is an (22) \_\_\_\_\_ study, not a treatment mode  
• MRIs may cause harm if its unrequired  
• most patients get better within (23) \_\_\_\_\_ with the prescribed treatment
- Patient's response** : • consider an MRI if other (24) \_\_\_\_\_ present

**That is the end of Part A. Now look at Part B.**

## Part B

In this part of the test, you'll hear six different extracts. In each extract, you'll hear people talking in a different healthcare setting.

For **questions 25-30**, choose the answer (**A**, **B** or **C**) which fits best according to what you hear. You'll have time to read each question before you listen. Complete your answers as you listen.

Now look at question 25.

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- 25.** You hear a nurse manager instructing a batch on clinical formalities.

What is the instructor trying to convey?

- (A) standard procedure for medication administration
- (B) methods to improve clinical skill and performance
- (C) checklists prepared for a physician's appointment

- 26.** You hear an extract of a nurse talking about 'confidence in profession'.

What does the seminar emphasise

- (A) acknowledge the mistake that was committed
- (B) composed and calm admittance of any errors
- (C) understanding that the situation can be overcome

- 27.** You hear a doctor talking about aboriginal mental health

Why did the psychologist say culture bound prevention does not exist?

- (A) because it is not researched thoroughly yet
- (B) since it has not been exposed to it earlier
- (C) due to the lack of evidence to support it

28. You hear a pharmacist telling a patient about some medication.

Why does she give a verbal explanation of the side effects?

- (A) to highlight their severity
- (B) to ensure the patient understands
- (C) to allow the patient to raise any concerns

29. You hear two nurses discussing about a patient during handover

What was administered to him?

- (A) Stiches on the right shoulder
- (B) morphine and antibiotic drip
- (C) dosage to prevent blood clot

30. You hear a mental health specialist talking about therapeutic interventions

Treatment mode that worked best was by

- (A) assisting the patient overcome sheer solitude
- (B) understanding the person's cognitive complexities
- (C) empowering the patient by active listening

**That is the end of Part B. Now look at Part C.**

## Part C

In this part of the test, you'll hear two different extracts. In each extract, you'll hear health professionals talking about aspects of their work.

For **questions 31 to 42**, choose the answer (**A**, **B** or **C**) which fits best according to what you hear.

Complete your answers as you listen.

Now look at extract one.

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### Extract 1: Questions 31 to 36

You hear a presentation on treating scoliosis by a physiotherapist called John Booker.

You now have 90 seconds to read questions 31-36.

- 31.** What general point does John make about physiotherapy
- (A) It allows patients to opt for a less invasive form of treatment.
  - (B) It tends to be used in conjunction with other forms of treatment.
  - (C) It places more emphasis on prevention than other forms of treatment.
- 32.** John suggests that before treating a patient with scoliosis, the physiotherapist needs
- (A) to develop a treatment plan based on a description of the symptoms.
  - (B) to establish whether the cause of the condition has been identified.
  - (C) to determine which of the two main types is being presented.
- 33.** John feels that once scoliosis is confirmed, the priority for the multi-disciplinary team should be
- (A) to determine the severity of the condition.
  - (B) to agree how exercises will complement medication.
  - (C) to ensure that the patients' pain is being well managed.

**34.** The second phase in John's preferred treatment plan for scoliosis focuses on

- Ⓐ using new techniques on various joints in the body.
- Ⓑ regaining full movement in the affected part of the spine.
- Ⓒ ensuring the patient has realistic aims regarding the likely outcome.

**35.** John believes that success in the final phase of treatment depends on

- Ⓐ handing long-term responsibility over to the patient.
- Ⓑ ongoing co-operation between physiotherapist and patient.
- Ⓒ practical assistance supplied by practitioners in other professions.

**36.** John suggests that patients with mild to moderate scoliosis often

- Ⓐ find the demands of physiotherapy too challenging.
- Ⓑ express doubts about the effectiveness of physiotherapy.
- Ⓒ lack the motivation to gain any benefit from physiotherapy.

**Now look at extract two.**



## Extract 2: Questions 37 to 42

You hear an interview with Dr Michael Greger, an expert on vegan diet.

You now have 90 seconds to read questions 37-42.

37. What is the biggest progress to vegan diet as per the doctor.
- (A) clinics operating on plant-based diet
  - (B) surge in plant-based nutrition movement
  - (C) Palpable changes in health sector
38. Why does the doctor think a change is inevitable?
- (A) majority of the illnesses are largely preventable
  - (B) there is a degree of control on human longevity
  - (C) risk factors to health have been precipitating
39. The doctor believes sufficient randomised control trials are in existence because
- (A) it does not have the backing of corporate budget
  - (B) many people are dying due to preventable illnesses
  - (C) it was published in a medical journal two decades ago
40. Why does the expert feel the need to publish resources
- (A) doctors had monopoly over health industry
  - (B) access to information by the masses
  - (C) to address immediate health concerns

41. Doctor Michael thinks of a conflict of interest in USDA because

- Ⓐ they refrain from taking measures that are unviable
- Ⓑ the message is to eat more fruits and vegetables
- Ⓒ medical professionals must frame dietary guidelines

42. What is the primary barrier faced by doctors?

- Ⓐ big pharma companies sponsor mainstream medical associations
- Ⓑ they are not paid enough to communicate with patients
- Ⓒ the deficiency of knowledge from medical schools

**That is the end of Part C.**

**You now have two minutes to check your answers.**

**THAT IS THE END OF THE LISTENING TEST**

## LISTENING SUB-TEST 4

### PART A: QUESTIONS 1 - 12

- 1 district
- 2 stiff feeling
- 3 prescribed
- 4 barium meal
- 5 tumour
- 6 small part
- 7 pethadine
- 8 marijuana
- 9 depressed
- 10 suicide
- 11 counselling (session)
- 12 yoga

### PART A: QUESTIONS 13 - 24

- 13 unbearable pain
- 14 something
- 15 treatment
- 16 MRI
- 17 pinched nerve
- 18 nothing
- 19 conservative
- 20 unable to work
- 21 magnetism
- 22 imaging
- 23 4 - 6 weeks
- 24 symptoms

**PART B: QUESTIONS 25 - 30**

- 25 A standard procedure for medication administration
- 26 C understanding that the situation can be overcome
- 27 B since it has not been exposed to it earlier
- 28 B to ensure the patient understands
- 29 C dosage to prevent blood clot
- 30 B understanding the person's cognitive complexities

**PART C: QUESTIONS 31 - 36**

- 31 B It tends to be used in conjunction with other forms of treatment.
- 32 B to establish whether the cause of the condition has been identified.
- 33 C to ensure that the patients' pain is being well managed.
- 34 B regaining full movement in the affected part of the spine.
- 35 A handing long-term responsibility over to the patient.
- 36 B express doubts about the effectiveness of physiotherapy.

**PART C: QUESTIONS 37 - 42**

- 37 C Palpable changes in health sector
- 38 C risk factors to health have been precipitating
- 39 C it was published in a medical journal two decades ago
- 40 C to address immediate health concerns
- 41 A they refrain from taking measures that are unviable
- 42 C the deficiency of knowledge from medical schools